



Intensive Interaction

What is Intensive Interaction?

- A way of communicating with your child on their level
- On their terms and using their own ways of communicating

What do I do?

- Watch - what is your child interested in? How do they show this in body language, movement and sounds?
- Mirror - can you copy their postures and play? Repeat their movements or sounds. Are they aware of you copying? Can they tolerate you joining their world?
- Add something to the interaction - maybe a different sound or movement - try to build back and forth play

What are the aims of Intensive Interaction?

- Help your child accept others in their space
- Help your child interact with other people
- Help your child lead the interaction at their own pace
- Begin to build awareness of others and theirs and their own communication
- Begin to develop turntaking

What should I think about?

- Keep distractions to a minimal
- Use total communication - signs, words, body language and pictures
- Keep language simple
- Be aware of sensory issues
- Choose interesting activities
- Use Intensive Interaction little and often

YouTube has some good videos of Intensive Interaction::
<https://www.youtube.com/watch?v=pNZAqQzVEx0>